



## BREAST HEALTH: What Can you Do?

Join us for a discussion on prevention, risk factors and treatment options for breast health.

### TOPICS WE WILL EXPLORE:

- Self breast examination
- Ways to lower your breast cancer risk
- Signs and symptoms of breast issues

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THE WEBINAR WILL LAST APPROXIMATELY 45 MINUTES

**THURSDAY, OCTOBER 15 AT 1 P.M.**

REGISTER [ONLINE](#)

or CALL 1-800-560-9990

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Participants may submit any questions they have for the speaker during the registration process.

**KEEP GETTING BETTER**



Hackensack  
Meridian *Health*